

Effective Teambuilding

Are you working in an environment where the energy essential for adjustment to change is blocked?

Have your relationships and meetings been more about blaming and being right than being effective?

Would you like to learn how to be more effective at team-building and clearer in your interpersonal communications?

Can you envision: relationships that promote taking personal responsibility for strengthening your work organization or family? Staying clear with people in a spirit of mutual respect?

Communication habits form the building blocks of your family relationships and work teams, and even shape the culture of entire organizations. In these times when people and organizations are operating in a sea of change, sinking or swimming depends on whether old destructive habits persist or are transformed.

This EFFECTIVE TEAMBUILDING workshop combines state-of-the-art communications concepts, experiential learning, and practical sessions in a safe environment where people can learn how to release the energy needed to meet the challenges of change and feel better about themselves.

Participants will learn how to

- ✓ identify their own blocks to communication and transform old habits
- ✓ understand teambuilding as a relational experience
- ✓ discover and apply communication skills and other tools to bring clarity to working relationships
- ✓ help clarify their own goals for "teambuilding"
- ✓ lead effective teams and be an effective team-member

To register

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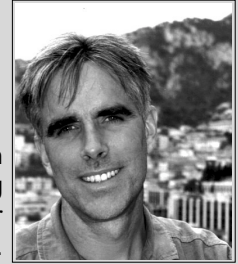
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Ian Curtin

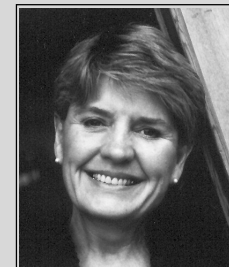
MTC, Dip. C.
Hon. B. Comm.



Ian has been facilitating groups for over 7 years.

He has extensive background in the business, labour, government and non-profit sectors. He graduated with an Honours Bachelor of Commerce from Queen's University in Kingston, Ontario.

Ian has been specializing in facilitating teambuilding, conflict resolution, planning and public consultation. He trains managers and executives to become better facilitators, to communicate clearly and to encourage colleagues to work together more effectively and achieve better results. He presently is the Principle of his consulting firm IC Possibilities & Associates



Leslie Alexander

M.A., Dip. C.

Leslie has spent years working with

groups of all ages and nationalities. A teacher and counsellor, she has facilitated groups to get their maximum potential and to develop interpersonal sensitivities and clarity of communication among group members. She has been active as an Organizational Development Consultant in the educational field, in corporations and in family businesses. Leslie is an Associate with IC Possibilities Consulting, Inc.